



**GP Referral Form**  
**Alcohol Pharmacotherapies Counselling Call-back Service**  
 Part of a comprehensive treatment program for alcohol dependence

**Confidential**

**FAX: 9442 5020**

If urgent help is required please call the Clinical Advisory Service ☎ 9442 5042 to speak to a Doctor

GP Details (please print or use stamp)	Patient Details (please print)
Dr. Name: _____	Patient Name: _____
Telephone: _____	Telephone: _____
Facsimile: _____	Mobile: _____
Email: _____	Best time to be contacted ( <i>tick appropriate box</i> )
	Weekdays <input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Evening <input type="checkbox"/> Anytime
	Weekends <input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Evening <input type="checkbox"/> Anytime
	OK to leave message? <input type="checkbox"/> Yes <input type="checkbox"/> No
	Translator required? <input type="checkbox"/> Yes _____ <small>(Language required)</small>

You can download this form from [www.dao.health.wa.gov.au](http://www.dao.health.wa.gov.au)

Assistance requested	
<input type="checkbox"/> Wants help to cut down or stop alcohol use	<input type="checkbox"/> Not sure, just wants options
<input type="checkbox"/> Acamprosate/Naltrexone discussed ( <i>please circle which</i> )	<input type="checkbox"/> Acamprosate/Naltrexone script provided

Does your patient also want help to stop smoking?		
<input type="checkbox"/> Non-smoker	<input type="checkbox"/> Yes, ready to quit	<input type="checkbox"/> Bupropion (Zyban) script provided
<input type="checkbox"/> Thinking about it, but not right now	<input type="checkbox"/> No, doesn't want to quit	<input type="checkbox"/> Nicotine Replacement advised

Any other relevant information? Significant medical history? Days since last drink? Mental Health Issue?
Details: .....
.....
.....

Permission to give and obtain information (to be explained by Dr and completed by patient)

Patient declaration:
<ul style="list-style-type: none"> <li>I _____ (print name) give consent to my contact details being provided to Alcohol and Drug Information Service (ADIS) so an ADIS counsellor can contact me by telephone to discuss the above issues.</li> <li>I understand that the GP named above, will receive a written summary of contact from ADIS and I may choose to receive the summary information also.</li> <li>I understand that ADIS will not retain any records or identifying information after contact has finished and follow-up has been completed.</li> </ul>
Signed: _____ Date: _____

Tick here if you require more of these forms

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# ALCOHOL AND DRUG INFORMATION SERVICE

☎ 9442 5000 Country Callers 1800 198 024 Fax 9442 5020

## REFERRAL TO CALL-BACK SERVICE

GP in consultation with patient determines suitability for referral to call back service (non-medical service).

- Detoxification required?
- Consider LFTs, FBC, U&E's?
- Medication prescribed?



GP completes referral overleaf.

- Gains consent from patient.
- Faxes to ADIS.



ADIS

- Contacts patient at preferred time.
- Develops individualised counselling plan .
- Faxes summary of first contact outcome to GP.



On completion of contact with patient, ADIS faxes GP with a summary of contact and patient outcome.

## OTHER SERVICES PROVIDED BY ADIS

**ADIS is a 24 hour, state-wide, confidential telephone service providing:**

### Quitline

- ADIS provides the counselling service for Quit.

### Call-back services for individuals who are:

- Quitting smoking.
- Quitting smoking with a mental health condition.
- Detoxing at home through the Drug Alcohol Withdrawal Network.
- Prescribed Acamprosate and Naltrexone.

### Community Based Pharmacotherapy for Opiates

ADIS is the access point for individuals, across the State, seeking methadone or buprenorphine (subutex) for opiate maintenance treatment.

### The Parent Drug Information Service

☎ 9442 5050 Country Callers 1800 653 203

- This service is provided by ADIS and is for parents of drug using children of any age.
- Callers can opt to speak to a trained parent volunteer who can provide support to parent callers.
- Parent volunteers can also offer information/support at the Drug Court and the Children's Court.

### Support Services for People in Rural and Remote Areas

- ADIS provides ongoing telephone counselling with a designated counsellor for people who would otherwise be unable to access a drug and alcohol counsellor. This may be part of a care plan initiated by a GP, by referral from an agency or directly accessed by the client.
- ADIS can provide debriefing and mentorship to volunteers, health and welfare professionals. The costs are covered by ADIS.

### Interpreters and translators (TIS & TTY)

ADIS/PDIS will cover the cost of translation for callers from linguistically diverse backgrounds. ☎ 13 14 50. People with hearing or speech impairment can also access the service by calling ☎ 13 36 77 and quoting one of our contact numbers. This will cost no more than a local call.

## Clinical Advisory Service

(Doctors & Other Health Care Professionals Only)

☎ 9442 5042 Country callers only 1800 688 847

24 hour access to doctors for clinical information & advice for GPs, medical officers & other health professionals



## Alcohol Pharmacotherapies Call-back Service

# PATIENT INFORMATION

- Your doctor has referred you to a new service provided by the Alcohol and Drug Information Service (telephone counselling, support and referral). It is called -

### “Call-back service for Alcohol Pharmacotherapies”

- alcohol pharmacotherapies are medications that are used to help people stop drinking.
- This is a confidential service and your privacy will be respected.
- All contact will be via the telephone. The counsellor will ring you when it is convenient for you.
- A counsellor will contact you in the next 48 hours and discuss developing a counselling plan to assist you with your goals about your drinking.
- Whilst information will be kept for project purposes you will not be identified by this information.
- You will be invited to participate in evaluation.

If you have any questions about the service, call the Alcohol and Drug Information Service on **9442 5000** or for country callers **1800 198 024** and ask to speak to the project officer about the Alcohol Pharmacotherapies Call-back Service.

**(Please turn over for more information)**

Doctor – Please give this information to your patient



This project is funded by a grant from the Alcohol Education and Rehabilitation Foundation Ltd. The Alcohol and Drug Information Service (9442 5000 or for country callers 1800 098 024) is a state-wide service of the Drug and Alcohol Office, Government of Western Australia



# Frequently asked questions

## What are alcohol pharmacotherapies?

- This term is used to describe medications prescribed by doctors that are used to assist people in stopping drinking.

## How long do I have to be on them?

- This would depend on you and your doctor.
- Most people stay on these medications for 3 – 6 months.

## Are there any side effects?

- Some people describe feeling sick or having diarrhoea for a few days after they start taking Campral ®.
- Some people say that they get a bit depressed or feel flat when taking Naltrexone, whilst others say they feel a bit sick and get a headache.
- If you are taking Naltrexone ® – your doctor would have told you about not being able to use strong opiate based pain killers.
- Most people say that side effects get better after one to two weeks.
- Make sure you check any information that comes with the medication.

## What if I don't like the medication?

- If the medication doesn't agree with you or you don't like the medication you need to tell your doctor.
- Your doctor may want you to try another medication.

## What if I start drinking again?

- This sometimes happens when someone changes their drinking pattern and makes an attempt to stop. This is called relapse and is a normal part of change.
- Keep taking the medication and talk to your doctor or the counsellor about what is happening for you.

## Is this a magic bullet?

- Whilst medications do help people to stop drinking – they are not magic bullets.
- People do better on medication if they are supported by family, friends and professionals.

## Is the call-back service going to help me?

- People who have taken these medications say that they had a better outcome if they did counselling too. The call-back service will provide counselling support and information and feedback to you and your GP.



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